

WHAT IS MYOFUNCTIONAL THERAPY?

ASSESSMENT

Our trained myofunctional therapist will complete a comprehensive myofunctional assessment. Photos, measurements and videos will be taken to gather baseline information that can be readily compared after treatment. This information will also be shared with other professionals (with consent) if intended to support additional recommendations (e.g., tongue tie release).

THERAPY

Myofunctional therapy will help to promote optimal function of the structures involved in speech, swallowing and breathing. Weekly exercises will be completed with the expectation that these will be completed at home daily. If a surgical procedure is part of the therapy, then these exercises will be completed before and after the surgery (e.g., tongue tie release) to assist the client in the recovery process.

GOALS OF OROFACIAL MYOFUNCTIONAL THERAPY



MYOFUNCTIONAL THERAPY MAY...

IMPROVE SLEEP

REDUCE CONGESTION

IMPROVE SWALLOW

SUPPORT GROWTH OF MOUTH

REDUCE CROWDED TEETH

IMPROVE SPEECH SOUNDS

REDUCE NECK & JAW PAIN

If you are experiencing symptoms of myofunctional disorders such as challenges with sleep, swallowing & speech, or the development of oral structures (e.g., teeth/jaw), email your questions to info@oxfordspeechplus.ca.